1. Téigh ag bácáil: cáca nó brioscaí
2. Cuir míreanna mearaí le chéile
3. Scríobh litir chuig do Mhamó nó do Dhaideo.
4. Cuir rud i bhfolach i do sheomra. Tarraing léarscáil de do sheomra agus féach an mbeidh duine eile in ann teacht ar an rud rúnda.
5. Féach ar *Go Noodle* agus lean iad!
6. Tarraing pictiúr
7. Tá suíomhanna ann le ‘*printable mandala colouring* *pages*’ . Priondáil amach ceann agus dathaigh.
8. Priondáil ‘*blank map of counties of Ireland’* agus dathaigh isteach aon chontae in a raibh tú.
9. Imir cluiche cártaí.
10. Féach ar [www.science-sparks.com](http://www.science-sparks.com) agus bain trial as rud ansin.
11. Google’ PE with Joe’
12. Google ‘Elevenses with the world of David Walliams’
13. Google: ‘Lego Challenge Ideas’
14. Dance with Oti Mabuse on Facebook
15. [www.themathsfactor.com](http://www.themathsfactor.com)
16. Google ‘Fun and Creative Things To Do When You Are Bored At Home’

**Spell Words P.E.**

A 5 Jumping Jacks N 10 jumps

B 5 Sit-ups O hop on your right foot

C 10 Jumps P hop on your left foot

D Hop on right foot Q do 5 sit ups

E Hop on left foot R do 10 mountain climbers

F Crab walk for 10 seconds S Crab walk for 10 seconds

G Do 5 sit-ups T 5 push ups

H 5 Mountain climbers U Kick right foot as high as you can

I 5 Push ups V Kick left foot as high as you can

J 30 seconds high knees W Run in place 30 seconds

K Kick your left foot as high as you can X Run with high knees 30 seconds

L Kick right foot as high as you can Y 5 push ups

M 5 Jumping Jacks Z 5 sit ups